

Saint Louis Christian College

Guidelines for Chemical Abuse Prevention

In compliance with the Drug-Free Schools and Communities Act Amendment, Saint Louis Christian College has adopted the following Drug Prevention Program, applicable to all students and employees of the College.

(This information is distributed to all students and staff every fall.)

Saint Louis Christian College's Philosophy

SLCC endeavors to provide a positive learning and working environment, with Christ at the center. In keeping with this philosophy and the College's mission statement, to manufacture, distribute, dispense, possess or use alcohol or a controlled substance unlawfully on any campus property or at any college-sponsored event is grounds for disciplinary sanctions for students and employees alike. This may include dismissal from the College community, as well as referral for prosecution or the completion of an appropriate rehabilitation program. Students also sign a lifestyle covenant stating that they will not use alcohol, tobacco, or illicit drugs the entire time they are students, including any breaks in the academic year and summer breaks. See the Guide to Student Life, the Disciplinary Guidelines for Saint Louis Christian College, and the Employee Handbook for more information.

Legal Sanctions

Members of the College community could face prosecution under local, state, and federal law for the unlawful possession, use, or distribution of illicit drugs. The abuse of alcohol may include up to seven years in prison and/or a \$10,000 fine for a Class A Felony.

In 1987, "Abuse and Lose" became law in Missouri. If found guilty of an alcohol or drug related driving violation, you will lose your driver's license for a fixed period of time, and you must attend a drug-related education program before your license can be reinstated. You may lose your driver's license for one year for refusal to submit to a police officer's request for a chemical test.

All of the provisions and penalties under the "Abuse and Lose" law are in addition to the criminal penalties, which may include points against your driver's license, required completion of a Substance Abuse Traffic Offender Program, fines, restitution, or jail sentence.

Health Risks

Excessive alcohol consumption or use of illicit substances impairs the user's ability to function, changes the user's behavior, and subjects the user to serious health risks, including disease, addiction, and even death. An overdose can happen due to uncertain purity, strength, or even type of drug. It can also happen due to increased tolerance--there is a need for more and more of a drug to get the same effect. Continued use of drugs can lead to psychological and/or physical dependence on them.

If you have a problem with drugs or alcohol, or you suspect someone you care about does, please seek help or encourage that person to do so. See the Dean of Students or another administrator of the College.

Signs and symptoms of chemical abuse:

Alcohol

*slurred speech
impaired coordination
relaxed inhibitions
preoccupation with drinking
hidden bottles
alcohol odor on breath*

Marijuana

*rapid, loud talking;
bursts of laughter
altered perceptions
red eyes
dry mouth
reduced concentration
increased heart rate
unusual appetite*

Cocaine

*brief, intense euphoria
elevated blood pressure
and heart rate
feelings of well-being followed
by depression
hallucinations, delusions
irritability, sleeplessness*

Stimulants

*mood elevations
loss of appetite
disorientation
sleeplessness
irritability
argumentativeness*

Narcotics

*euphoria
constricted pupils
needle marks
watery eyes, runny nose
drowsiness*

Hallucinogens

*distorted sense of sight, hearing,
touch, body image and time
anxiety, panic
altered mood/behavior*

Depressants

*depressed breathing and heart rate
uncoordinated movements
staggering, stumbling
drowsiness*

Inhalants

*odor of the substance on breath and clothes
excess nasal secretions, watery eyes
blue lips due to lack of oxygen
red irritation above mouth
slurred speech*

WHERE CAN YOU GET HELP?

Alcoholics Anonymous
7246 N. Lindbergh
Hazelwood, MO 63042
314/731-4854

Hyland Center at St. Anthony Medical Center
10018 Kennerly Rd, St. Louis, MO 63125
314/525-4400

Narcotics Anonymous
314/830-3232
24 Hour Helpline – 800/974-0062

National Council on Drug and Alcohol Abuse
8790 Manchester Rd, Brentwood, MO 63144
314/962-3456

DePaul Health Center
12303 DePaul Dr, Bridgeton, MO 63044
314/344-6000

CenterPoint Hospital
4801 Weldon Springs Parkway
St. Charles, MO 63304 636/441-7300

Christian Hospital Northeast
11133 Dunn Road, St. Louis, MO 63136
314/653-5000

North County Recovery Center
12434 Lusher Rd, St. Louis, MO 63136
314/355-4180 or 800/315-2056, 24 Hour Helpline

**If you have questions or concerns about the information in this publication, contact
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314/837-6777 x1400**